He was born on the 7th of June 1907 in a village near Batala called Dalelpur. He was a Gold Medalist in law from the Punjab University. He competed successfully in Audits and Accounts as well as the Indian Civil Service examinations.

He was appointed Assistant Accountant General in 1930. He resigned in July to proceed to Cambridge University for his probationary training. He returned from England in 1932 having topped the list of all the candidates of his batch.

He was posted in Bengal where he served in various capacities, including District Magistrate and Collector Midnapore in 1942. He was the Director of Agriculture from 1945-46. As such he established an agricultural college and farm at Dacca.

For two sessions he was an official member of the Indian Central Assembly in 1938.

He was the only member of the steering committee on behalf of East Pakistan in the Bengal partition council. As Commissioner Chittagong in 1950, he established a stadium and a park which is still known by his name. He served as Chief Secretary of East Pakistan in 1952.

He came over to Karachi as Secretary of Industries in 1954. He was appointed Chief Commissioner of Karachi and President of B.C.C.P. (Board of Control of Cricket in Pakistan) in 1956. He served as Secretary Home Kasmir Affairs. He was Chief Scouts Commissioner.

He retired from service in 1966. He was awarded the Qaiser-I-Hind award by the Viceroy in 1935. He was awarded the Bronze Wolf award, the highest scout award. He was the first Asian to receive it. He was widely travelled and represented Pakistan on different international bodies. He was associated with various social welfare organizations. He was chief organizer of an exhibition of A.R. Chughtai in London and presented his paintings to the Emperor of Japan and Willie Brant, the Chancellor of West Germany. As a student he conducted an inquiry into the economic conditions of a village which was later published as a book by the board of Economic Inquiry in Lahore. He wrote a book "Let Punjab Speak". He also wrote a biography of Hussain Shaheed Suhra Wardy, but could not have it published in his lifetime. He organized a Punjabi Adbi League after retirement and arranged for the translation of the Holy Quran in Punjabi. He died in Lahore on the 21st of April 1972 in Lahore.